

Information Pack, Safety Notices and Indemnity

INTRODUCTION

High Africa runs a variety of school/group programmes ranging in duration from 3 to 5 days. These programmes are tailored for each school group depending on the age of the learners and the objectives of the school in sending the learners on camp.

Enjoy an outing that combines eco-education with action packed activities that will help to build confidence and trust within your group in an atmosphere of risk-taking, but with safety our highest priority.

Participants learn about themselves and peers/colleagues through a variety of stimulating and challenging activities designed to improve communication, co-operation and leadership.

All of our adventure activities are supervised by qualified camp and activity leaders to ensure a high standard of safety and service. Qualified first aid is on hand and emergency medical facilities are only 15 minutes away in Worcester.

ADMINISTRATION

Bookings

Camp fees will be quoted on. Our camp fees exclude transport to and from High Africa.

River rafting and other third party activities are available but are optional extras. These will be arranged and quoted for as separate items over and above the standard camp fee.

Estimated number of students

Please ensure that your estimated number of students are as accurate as possible. All future bookings are planned well in advance in terms of logistics, staff, external providers etc. Any downward adjustment of attendance number in excess of 10% of the original booking will be charged as if they are attending the camp. Final estimated number of learners to be confirmed 2 months prior to arrival. Final numbers must please be confirmed at least 7 working days before arrival.

Variations in quoted requirements

High Africa reserves the right to re-quote if there is any significant change in either number of attendees or programmed activities.

Deposit and settlement

A 30% deposit is payable on confirmation of booking. The balance is due within one week before arrival.

Cancellations by High Africa

In the unlikely event of cancellation of the camp by High Africa, the School shall be entitled to an immediate and full refund.

Cancellations by School

A cancellation fee of 5% of the quoted camp fee will be charged for cancellations made more than 30 days of the event start date.

A cancellation fee of 30% of the quoted camp fee will be charged for cancellations made less than 30 days of the event start date.

No refund/cancellation of fees will be granted for any reduction of attendees notified less than 7 days prior to the start of the camp.

ATTENDANCE

No students other than the specific group of the school are allowed to attend the camp.

Family members of either teachers or learners are not permitted to attend the camp. Only in unavoidable situations and only by prior arrangement will this rule be set aside, and will be charged for at the standard rate irrespective of whether they are adults or young children.

Volunteers/Prefects/SRC members/Mentors nominated by the school may attend

If a group of volunteers or learner mentors, eg. Prefects, are to attend the camp to help facilitate, their role and their specific responsibilities must be clearly outlined to them prior to the camp. This information must also be conveyed to the High Africa facilitators to enable the mentors' harmonious integration into the running of the camp.

Volunteers or any other students attending the camp in the role of mentors will be charged for the same as all the other learner attendees.

GENERAL

Indemnities

Because of the physical conditions and risks associated with some activities which are impossible to eliminate by even the most prudent and careful planning and/or conduct of High Africa, High Africa requires all attendees to agree to, and have signed, an Indemnity form prior to attending the camp. While High Africa endeavours to accommodate all “shapes and sizes”, in circumstances where our safety equipment does not fit an individual/s, we reserve the right to exclude that individual/s from the associated activity for their own safety.

Personal losses and injury

High Africa Adventures accepts no responsibility to personal losses or injury to learners or educators.

Divergent meals

If any of the students have food allergies, are Halaal, Vegetarian etc., schools must inform High Africa of such cases at least 7 days prior to commencement of the camp. High Africa reserves the right to place a surcharge on any special requirements.

Tuck Shop

There is no tuck shop but students can bring their own snacks and sweets.

Damage

Any damage caused by learners on the camping site, will have to be paid for by the involved school/learner. Any damage will be pointed out to the school prior to their departure from High Africa.

Medical Aid Kit

The school/orginasation must bring their own fully-stocked medical aid kit to the camp. High Africa has its own medical aid kit, which will be used in emergencies.

Cell Phones

Unless prior agreement has been reached with the school, students are not to bring cell phones on camps. Cell phones that are brought to camp will be placed in the care of one of the accompanying educators for the duration of the camp.

Emergency contact arrangements

Cell phone numbers of High Africa Adventures staff members must not be given to students or their parents. In urgent cases parents can phone the Headmaster who may in turn contact a High Africa Adventure staff member.

Owner Contact Details

For more information you are welcome to contact us on:

Yolanda Steenkamp	083 301 8533
Willem Steenkamp	082 319 8413

TEACHING PERSONNEL on Camp

Number of Educators accompanying the group

High Africa requires a limited number of educators from the school to accompany the learners for the duration of the camp.

One educator per group of 20 learners or part thereof should accompany the group for the full duration of the camp. These educators attend the camp at no charge.

Additional educators are welcome but will be required to pay 50% of the learner fee.

The Headmaster or other staff from the school are welcome to pay a visit to the camp but are requested to please notify High Africa in advance.

Educator's family members are not permitted on the camp.

Information to be provided on arrival:

Indemnity Forms – An indemnity form (included in this document) must be completed and signed by the parent or guardian of each learner and passed on to the Camp Leader (Lead facilitator) on arrival.

A short list of notable medical conditions, any learners who are not comfortable in water or cannot swim, allergies, special instructions or considerations should be gathered from the completed forms and also passed on to the Camp Leader on arrival.

List of names - A list containing the name and home telephone number of each pupil should be brought with you. This will facilitate prompt action in the event of a learner falling ill or sustaining an injury. This list will also be used for the rollcall when the learners get off the bus.

Duties of educators accompanying the group during the camp

On commencement of the camp, general camp rules and required conduct of learners will be discussed and conveyed to all the learners.

The facilitators will be responsible for the general discipline of the learners during the day. Educators are responsible for discipline after "lights out"

High Africa PACKING LIST

1. CASUAL COMFORTABLE WEAR (*T-Shirts MUST HAVE short sleeves - to prevent sunburn i.e. no strappy tops*)
 2. TRACKSUIT/LONG PANTS AND WARM TOP (*for in case we have cold weather*)
 3. BATHING COSTUME AND TOWEL
 4. PYJAMAS
 5. RAINCOAT (*weather conditions can be unpredictable*)
 6. COMFORTABLE SHOES FOR WALKING AND CLIMBING WALL (EG TACKIES), AND A SPARE PAIR THAT CAN GET WET
 7. SUN BLOCK (minimum 30 SPF)
 8. HAT (*preferably one that covers the back of the neck to prevent sunburn*)
 9. PILLOW, SHEET and SLEEPING BAG/ BLANKET/DUVET (IN A BAG)
 10. PERSONAL TOILETRIES
 11. NB: MOSQUITO REPELLENT (*preferably roll-on variety, not spray*)
 12. **EATING UTENSILS IN A BAG:** (**The bag is very important as all bags with utensils are stored in a box in the kitchen**)
Non-breakable plate, mug and bowl (please remember bowl, you will need it!!);
Knife, fork, dessert spoon and tea spoon,
Washing and drying cloth,
WATER BOTTLE (very important)
 13. TORCH (*not compulsory but advisable due to Eskom Load shedding*)
- NO CELL PHONES WITHOUT TEACHER'S PERMISSION and preferably no expensive electronic equipment, as these tend to be left lying around on the camp grounds.
- HIGH AFRICA ADVENTURES IS NOT RESPONSIBLE FOR ANY LOSS OF PERSONAL PROPERTY

Safety Notice, Indemnity & Disclaimer form

This Safety Notice and Indemnity & Disclaimer Form (the "Form") must be read carefully, in conjunction with each other and must be understood, as it concerns the safety and welfare of the Participant (as defined below).

SAFETY NOTICE

1. HA provides various adventure activities/extreme sports to the public, which activities include, but are not limited to: river-rafting/canoeing, high-ropes and low-ropes course, abseiling, obstacle courses, wall climbing, swimming and hiking (the "Activity/ies").
2. The Activities may cause physical harm and/or bodily injury to the Participants, and as such, all Participants must at all times strictly follow the instructions of the Activity facilitator as such facilitator guides and assists them through the Activities.
3. No Participant will be forced in any manner whatsoever to take part in any of the Activities against his/her will, and HA shall exercise reasonable care in ensuring that all equipment used for or during an Activity is safe and in good repair.
4. HA shall take all reasonable steps to ensure that the staff/personnel/facilitators facilitating and/or overseeing the Activities and/or guiding and assisting Participants are suitably qualified and experienced in the Activity which such staff member/facilitator facilitates and/or oversees, and will provide reasonable supervision of all official Activities undertaken during the programme.
5. Due to the extreme nature of some of the Activities, HA does not recommend that Participants with any form of medical and/or mental condition (such as extreme fear of heights), participate in those Activities which may cause the Participant undue stress/harm. If you are unsure whether your child should participate or not, please contact your doctor and ask them for their advice and inform HA.
6. HA shall not allow any Participant to partake in any Activity, in any manner whatsoever, without first having received this properly signed Safety Notice and Indemnity Form from such Participant, or if the Participant is a minor, from their parent or legal guardian.

**Interpretation of Form*

"HA" means High Africa Adventures CC (Reg. No.: 2002/019197/23), and shall include its agents, representatives, associates, affiliates, subsidiaries, holding companies, members, employees, helpers, staff, Facilitators and subcontractors;

"Facilitator/s" means the person/s who facilitate, manage, guide, assist, oversee and/or operate the Activities;

"Participant" means the person who partakes in and/or attends and/or observes and/engages in the Activities and/or programmes and/or services provided by/at HA;



HIGH AFRICA ADVENTURES CC – INDEMNITY & DISCLAIMER FORM

(THIS FORM MUST BE SIGNED AND RETURN TO THE SCHOOL PRIOR TO THE CAMP)

This Indemnity & Disclaimer Form (the “Form”) must be read carefully in conjunction with the Safety Notice. By affixing your signature hereto, you consent and agree to the contents hereof. In the event of any questions or queries, please contact High Africa Adventures CC (“HA”) on the number and/or email address as indicated above, prior to signing this Form.

1. I consent to participating, or herewith consent to my child participating, in such Activities and hereby accept all risks to myself/my child and his/her property involved in the participation of such Activities.
2. By signing this form, I irrevocably and unconditionally acknowledge that while I am/my child is on HA’s property or participating in any manner whatsoever in an Activity organized by HA, that I, my heirs, executors, administrators, and/or assigns hereby indemnify, hold harmless and expressly exempt HA from any damages, harm, losses, liability, and/or disability of whatsoever nature, incurred by me or my child, howsoever arising, including those related (whether directly or indirectly) to my or my dependent’s participation in the adventure Activities, and for any delay, inconvenience, accident, injury, illness or death to my or my child’s person or loss or damage to property arising from any cause whatsoever, including as a result of exposure to weather elements, howsoever incurred.
3. HA shall not be liable in any manner whatsoever should any harm, loss or bodily injury be caused to a Participant as a direct or indirect result of the Participant’s failure to obey the instructions/orders of a Facilitator.
4. I expressly authorize HA or any of its Facilitators under whose care my child is at the time to act in my place as parent/guardian with full authority to consent to my child undergoing any surgical or other medical treatment should this be or become necessary in a situation which HA or the Facilitator deems (in its sole discretion) to be an emergency, including any emergency evacuation. I acknowledge and agree that I will be liable for the payment of any medical, hospital or associated costs that may be incurred by HA in so doing, and that I shall forthwith make payment to HA of such costs upon written demand by HA calling for same.
5. Save as specifically identified in the Medical Section below, I declare that I am/my child is in good, general mental health and physical wellbeing and there is nothing that renders me/him/her unfit to participate in the adventure Activities.
6. I hereby undertake to immediately inform HA of any changes to my or my child’s medical condition, as recorded herein, and undertake to ensure that all medical conditions and medications used are fully disclosed to HA.
7. I, the undersigned, understand and acknowledge that the Activities that I/my child may engage/participate in have inherent risks and dangers that could result in damage to property and/or injury or death to me/my child.

INITIAL

Child’s/Participant’s Names: _____ Age: _____

Address _____ Postal Code _____

School/Place of Employment: _____

Medical Section:

Allergies/Pre-existing Medical Conditions: _____

Other pertinent information: _____

Special Dietary Requirements: _____

Water Activities: Participant is a competent swimmer (Y/N): _____ Participant is comfortable in water (Y/N): _____

Parent/Guardian’s Name (if Participant is a minor): _____

Contact Phone Numbers: Home: _____ Office/Cell: _____

I, the undersigned, _____ (insert full names) have read, understood and unconditionally and irrevocably accept the terms and conditions set out in this Safety Form and the Indemnity as set out above.

Signature of Participant or Parent/Guardian if the Participant is a minor

Date

The contra proferentem rule, in terms of which a document is interpreted against the party responsible for preparing and drafting it, shall not apply to the interpretation of this document. Each of the indemnities and provisions of this Form are severable provisions which are individually enforceable. In the event that one or more of the provisions are found to be invalid, unlawful and/or unenforceable, such provisions will be severable from the remaining provisions and the remaining provisions of this Form shall continue to be valid, in full force and effect.