



High Africa Adventures CC
Adventure and Conference Centre
Moodkuil Farm, Worcester District
Breede River Valley

General Information

Thank you for enquiring about High Africa.

Venue:

High Africa Adventures provides overnight team building adventure camps to school learners, youth groups and corporate teams from our facility on the Breede River. The facility is 12km outside Worcester and just over one hour's drive from Cape Town.

High Africa strives to be the best team building and adventure facility in the Western Cape within the bounds of its activity capabilities and market segment. High Africa seeks to provide a balance of challenging and stimulating experiences within a friendly and safe environment.

When not participating in competitive scenarios and facilitated activities, we endeavour to provide the client with a peaceful, rustic environment in which he can relax and enjoy the closeness of nature and the strengthening of bonds with his peers.

High Africa runs a variety of programmes ranging in duration from 1 to 5 days. These programmes are tailored for each Client depending on the age, ability and objectives of the Client group.

All of our adventure activities are supervised by qualified camp and activity leaders to ensure a high standard of safety and service. A qualified Level 3 First Aid Facilitator is on hand at every camp and emergency medical facilities are only 15 minutes away in Worcester.

Accommodation:

We have 2 adjacent sites which allow us to sleep up to 126 people in shared accommodation. The sites can be operated jointly or separately.

The "High Africa" area has 48 beds spread over 8 x 6-bedded en-suite chalets. In addition this area has separate accommodation for 6 Adults, sharing 2 per room with en-suite facilities.

The "Under the Bluegums" area (UTB) is made up of 12 bungalows sleeping between 4 and 8 people. This area sleeps a maximum of 72 people and uses shared ablution blocks. In addition this site has separate accommodation consisting of 3 single rooms with ablutions and a lounge area.

Conference Facilities:

We have a thatched conference room that will comfortably seat 30 people in school room style. All the standard equipment such as Data Projector, white screens, flipcharts etc is at your disposal.

Activities which can be included into your programme.

Each activity will determine how many can be attempted due to the varying time required to do the activity. The final programme will be prepared in discussion with you to ensure it is most suitable for you needs and the attendees capabilities.

This is a sample of our more popular activities:

Long Walk to Freedom: Team members are encouraged to make physical contact to complete this hexagonal activity which is elevated on cable 30cm off the ground. Encouragement and support are important.

The Puzzle Bridge: The teams must cross a 'swamp' by using planks, but most of the planks are just a little too short! This is a time-based non-physical exercise but team work and communication is essential.

Mazes: Team members must work together to manoeuvre a golf ball through a maze. This is a time-based, non-physical, mentally challenging.

Zoom: the teams must put a series of 30 cards in the correct sequence to create an unusual story, without looking at each other's cards. Not as easy as it sounds!

Explorers and Cannibals: This exercise includes canoeing on the Breede River. This is a challenge with a twist. Team members must decide who paddles with whom to avoid being eaten!

Raft Building Challenge: Team members must decide how they are going to best build a raft that will not break up and that they are able to paddle on in the immediate vicinity of the camp. Teamwork essential as all must work together to accomplish this seemingly easy task, in a set period of time.

For the adventurous clients, we have a High Ropes course which provides a challenging addition to standard activities. Due to the additional personnel needed to ensure the safety of all participants this activity is included for a small extra fee of R50 per head.

High Ropes: After an orientation session, proceed up the ladder to tackle the High Ropes Course. This is a physically challenging exercise, and once completed you feel you can conquer the world! Harnesses and helmets compulsory.

Climbing Wall and Leap of Faith: Attempt to reach the top of the climbing wall, 12 meters high, with 5 levels of difficulty, followed by the Leap of Faith where you must leap off a platform to try and reach the trapeze pole. Full body harnesses and helmets compulsory.

We also offer half-day canoe trips down the Breede River. We do not run these trips ourselves but outsource them to professional river rafting companies who have the appropriate equipment and qualified river guides. These trips are quoted for separately.

Catering:

High Africa provides full-menu catering for all events. Unfortunately we do not offer a self-catering option.

Our meals are of a high standard, as per the references on our web site, and we cater for special dietary requirements such as vegetarians and Halaal. We provide various options for meals in order to cater for differing tastes and budgetary requirements giving you the benefit of choosing what suits your company the best. If your group would like to be more involved we can also arrange a "potjie competition" should you wish.

We do not have a liquor licence and therefore you will need to bring your own booze and mixers. We do however have a beautiful pub in our thatched, log-cabin styled Deck overlooking the Breede River with fridges and glasses. We will also provide ice. On request, we will purchase booze on your behalf against a supplied list but all left over drinks must be taken away by you at the end of the event.

Terms & Conditions

Quotes:

Quotes will be valid for 30 days.

On acceptance of a quote, payment of deposit must be made within 5 days to secure preferred booking dates. Failure to pay the deposit will nullify the booking.

Deposit:

In order to confirm and secure a booking a Deposit Amount of 20% of the quote must be paid.

Final booking details:

Numbers and catering requirements must be provided not less than 3 days prior to the event. Final invoicing will be based on these details.

Payment:

Full payment must be made not less than 3 days before the specified arrival date.

Cancellation Policy:

80% of the deposit will be refunded if the booking is cancelled more than 30 days before the Arrival Date

50% of the deposit will be refunded if the booking is cancelled more than 14 days before the Arrival Date

No refund of the deposit will be made if the booking is cancelled less than 14 days before the Arrival Date